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|  | **Weekend Seminar with**  **His Holiness Vishwaguru Paramhans**  **Swami Maheshwarananda**  **The Yogic Way of Healthy Life**  **Yoga in Daily Life Association – UK** |
| **London 12 – 14 October 2018** | |

**VENUES**

Friday PM; Saturday AM & PM; Sunday AM: **Malorees Infants School, Christchurch Ave, Kilburn NW6 7PB**

Sunday PM: **Sri Swami Madhavanandaji Ashram 133 Salusbury Rd, Queens Park NW6 6RN**

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|  | **Date** | **Programme** | **Entrance**  **Fee** | **Conc. Fee** | **No of places** | **Total £** |
| Friday - Sunday | **12-14 October** | **Whole Weekend Seminar** (not Conference)  (Public Lecture & Weekend Workshop includes 2 lunches + 3 dinners) | £110 | £85 |  |  |
| Friday | **12 October** | **Public Lecture** with Vishwaguruji **– 7.30pm**  **Free for Standing Order members** | £15 | £10 |  |  |
| Saturday - Sunday | **13-14 October** | **Weekend Workshop**  (includes Sat lunch & dinner, Sun dinner) | £100 | £80 |  |  |
| Saturday | **13 October** | **Saturday Seminar programme**  8am-12noon morning (10am Vishwaguruji, 2-5pm afternoon, 7pm evening with Vishwaguruji; lunch 12pm & dinner 5pm | £85 | £75 |  |  |
| Saturday | **13 October** | **Evening Lecture** with Vishwaguruji **– 7 pm** | £15 | £10 |  |  |
| Sunday | **14 October** | **Sunday Morning Workshop – 8am**  10am with Vishwaguruji (lunch incl.) | £35 | £30 |  |  |
| Sunday | **14 October** | **Sunday Evening Satsang – 7pm**  7pm with Vishwaguruji (dinner 5-6pm) | *by donation* | *by donation* |  |  |
| **TOTALS** |  |  |  |  |  |  |

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**LONDON UK |** 12 – 14 October 2018 **| WITH HIS HOLINESS VISHWAGURUJI**

**BOOKING FORM *(Data Protection: your details will be used only for the purposes of administering this event.)***

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| |  | | --- | | Name/s of participant/s: | | |
| Telephone/Mobile: | Email: |

**PAYMENT**

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| |  |  |  |  | | --- | --- | --- | --- | | Amount Paid: £ \_\_\_\_\_\_ . | bank transfer: **08-92-99 | 6507 9209** | debit/credit card | cash (in person only) | |  |  |  |

***Proceeds from the YIDL Seminar go towards Yoga in Daily Life humanitarian projects, thank you.***

**PROGRAMMES BOOKED**

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| Full Weekend Seminar 12-14/10 | Weekend Workshop 13-14/10 |
| Friday Public Lecture 12/10 | Saturday full day 13/10 |
| Saturday Daytime Workshop 13/10 | Saturday Evening Lecture 13/10 |
| Sunday Morning Workshop 14/10 | Sunday Evening Satsang 14/10 |

**Yoga in Daily Life Association - UK | Sri Swami Madhavanandaji Ashram | 133 Salusbury Rd, London NW6 6RN**

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